

SLAYER ELECTROCUTED
 (Manchester, Conn., May 24—AP)—Robert Carpio, 21-year-old man, was electrocuted in the state penitentiary here shortly after midnight for the murder of A. L. Lake, Bethel way nursery man.

GOING BACK TO WORK
 Hartford, May 24—(AP)—Employees of the Connecticut Telephone Company today returned to work after a strike which has cost the company \$100,000.

Pinehurst Grocery, Inc.
 DIAL 4151
 Phone Service Until 8:30 Tonight!

Ripe Cantaloupes
 Rhubarb 2 lbs. 7c
 Good Sized Juice
 Oranges doz. 32c
 Juicy, Seedless
 Grapefruit, 4 for 29c

4 Pounds
 19c

SUGAR 10 lbs. 53c
 Pinehurst Butter 1 lb. 32c
 Guava Jelly glass 29c

Large Rinso 2 pkgs. 39c
 Lux Toilet Soap, 3 bars 19c
 And a Beautiful Painting FREE!
 Lifebuoy Soap, 3 bars 19c

VEGETABLES

NATIVE ASPARAGUS
 Cucumbers 8c ea.
 New Florida Potatoes 10 lbs. 25c
 Fancy Grade A Potatoes peck 22c
 R. S. Spinach, large, 2 cans 25c
 R. S. Sweet Pickles, 10c
 Economy Dog and Cat Food, 2 cans 15c
 Lux Toilet Soap, 3 cakes 18c
 Lifebuoy Soap, 3 cakes 18c
 MILK-FED CHICKENS
 Average 3 pounds each
 95c each for \$1.85

Roasting Chickens weighing from 4 1/2 to 6 pounds.
 Fowl for Fricassee, Fresh Tender Ducks, 8 to 9 lb. Young Hen Turkeys, 39c lb.

CHICKEN

Roasting Chickens weighing from 4 1/2 to 6 pounds.
 Fowl for Fricassee, Fresh Tender Ducks, 8 to 9 lb. Young Hen Turkeys, 39c lb.

Sale On Frying Chickens and Fowl
 Super quality poultry, just under 3 pounds each, will serve four.
 Tender Fowl, 95c, 2 for \$1.85.
 Milk Fed Frying Chickens, 99c each, 2 for \$1.95.

Pinehurst LAMB-POULTRY

Lamb and Poultry seem to be the most popular week-end meals of late. Last Saturday we sold all the Legs of Lamb we could get, and the demand was also heavy on Broilers, Fowl and Chickens. We have some very tender small LEGS OF LAMB, Rib and Loin Lamb Chops for this week-end. SHOULDERS OF LAMB WILL BE THE A. P. POINT, and average around \$1.19 each. They are fine, you can use the bones for broth or stew. Large Legs of English Mutton, 25c pound.

FINISH BEST
 Freshly Chopped GROUND BEEF 2 lbs. 39c
 Bacon 1 lb. 14c
 DRIED BEEF 1 lb. 14c

KEEP—Chop Pot Roasts, Boston Round, and Sirloin Tip Roasts. Tender Rib Over Roasts of Beef, other standing or boned and rolled. Genuine Cube Steaks.
 Pork Chops and Roasts. Veal Cutlets, Chops.
 HAMS is a good budget special. Butt Halves at 25c lb. Lean Short Shouldered Shoulders, 25c lb. and Lean Scotch Ham on sale at 15c pound 25c, are good values.
 Freshly Made Potato Salad, 20c pound.

GROGERIES

Light Meat Tuna Fish, 3 1/2 lbs. 49c
 White Meat Tuna Fish, 3 cans 69c
 Armour's Corned Beef, 15c, 3 cans 44c
 Hormel Corned Beef Hash, 3 cans 55c 19c jar

PINEHURST SPECIALS ON FRUITS
 Large cans of Libby's Fruit Cocktail, 2 cans 85c
 Silver Wave Red Raspberries, 2 cans, 2 cans 85c
 The Famous HERSHEY'S PEACHES (usually 3 cans), Special 3 cans for 69c. These are large cans of the finest peaches, packed only under Ferrell's brand. With each Ferrell purchase Saturday a copy of the May Homeless Magazine will be given free. Special on large cans Ferrell's Tomatoes, 3 cans 69c.

Real Old Fashioned STRAWBERRY SHORTCAKE
 50 Cakes from PACKAGE TO OVEN

1 Large Package Bisquick 33c
 1 Dried Size Package Bisquick 25c
 1 \$1.25 Lifetime Relish Dish 20c
 2 Packages Wheaties 25c

Pinehurst Grocery, Inc.
 Dial 4151 North of the Armory at 302 Main Street

Anderson & Noren
 Meats - Groceries - Fruits and Vegetables
 Phone 4076 Free Delivery 361 Center Street

Specials

R. S. Pork Beans, 1-lb. pkg., 3 for 25c
 R. S. Lima Beans, 1-lb. pkg., 3 for 12c
 R. S. Medium Prunes, 1-lb. pkg., 2 for 21c
 R. S. Cut Cranberry Beans, 2 cans 25c
 R. S. Natural Garden Peas, can 19c
 R. S. Spinach, large, 2 cans 25c
 R. S. Sweet Pickles, 10c
 Economy Dog and Cat Food, 2 cans 15c
 Lux Toilet Soap, 3 cakes 18c
 Lifebuoy Soap, 3 cakes 18c

Gold Medal Flour, 1-lb. bag 39c
 Economy Crackers: Nodas, 1-lb. pkg. 15c
 Graham's, 1-lb. pkg. 15c
 Education Crax, 1-lb. pkg. 19c
 R. S. Grapefruit Juice, 3 cans 25c
 Grapejuice, 10c bottle 19c

Coffee That is Pleasing!
 Square Deal, 1-lb. 11c
 Brewale, 1-lb. 11c
 Royal Seal, 1-lb. 11c
 Nathan Hale, 1-lb. 11c
 Sanka, 1-lb. 11c

Brightwood Roast Pork, lb. 41c
 Square Deal, 1-lb. 11c
 Boned and Rolled Ham, lb. 43c
 Best Pot Roast Beef, lb. 35c-38c
 Prime Rib Roast Beef, lb. 35c-38c

The demand for Swedish Korf continues, so we have ready another lot for the weekend.
 Prime Rib Roast Beef, lb. 35c-38c

Slip Tomatoes, New Potatoes.

Worcester Salt

THE CHOICE OF THE WORLD'S GREATEST CHEFS

Worcester's Sauce
 F. B. HENNEY, CHIEF HOTEL FURNITURE CO. NEW YORK

Nation-Wide Stores

PRICED FOR SAVING!

There is a Nation-Wide Store in your neighborhood.
 Shop From This List of Quality Foods

Land O'Lakes Butter, 1-pound roll 32c
 Fine Creamery Butter, 1-pound roll 29c
 Sliced Bacon, sugar cured, lb. 33c

Pure Lard, for cooking, frying, lb. 16c
 Milk Crackers, lb. 12c
 Chocolate Cookies, lb. 12c

Fancy Spring Lamb Legs, lb. 25c
 Lamb Fores, lb. 16c
 Green or Pot Roasts, lb. 35c
 Chuck Roast, lb. 53c
 Sirloin Steak, tender, juicy Prime Steer, lb. 39c

Chase & Sanborn's Coffee, lb. 26c
 Nation-Wide Coffee, lb. 25c
 Nation-Wide Blue Bag Coffee, lb. 20c

Nation-Wide Mayonnaise, 1/2 pint jar 17c
 Crab Meat, No. 1, 1/2 tin 25c
 Flag Wax Beans, 2 No. 2 size cans 29c
 Super Subs, 17c
 Sun Harbor Tuna Fish, light meat 2 cans 25c
 Libby's Fancy Tomatoes, 3 cans 25c
 Flag Wax Beans, 2 No. 2 size cans 29c
 Waxed Paper, Cut-Rite, the box with the outside 19c
 3 boxes 23c
 Shredded Wheat, 2 pkgs. 23c

Baker's Premium Chocolate, 1/2 lb. bar 19c
 Sun Harbor Tuna Fish, light meat 2 cans 25c
 Libby's Fancy Tomatoes, 3 cans 25c
 Flag Wax Beans, 2 No. 2 size cans 29c
 Super Subs, 17c
 Waxed Paper, Cut-Rite, the box with the outside 19c
 3 boxes 23c
 Shredded Wheat, 2 pkgs. 23c

PATRONIZE THESE NATION-WIDE STORES:
 GEO. ENGLAND, KITTEN'S MARKET, 522 Spruce St., Tel. 5555
 BURSACK BROS., W. HARRY ENGLAND, 670 Hartford Road, Tel. 5532
 11 Howard St., Tel. 4298
 Manchester Green, Tel. 5431
 Nation-Wide Food Stores of New England.

New! Different!

Grandmother's MILK BREAD

20 or LOAF 9c

Your A & P Store has it today. This richer, better white bread. Such smooth texture! Such delicious flavor! Such dainty slices! We believe it is the best loaf ever baked, and the greatest value ever offered at 9c. Try it and see!

A Choice Blend of Selected Tea

OUR OWN TEA 8 Oz. 19c
IONA SPAGHETTI 2 28 Oz. Cans 47c
GINGER ALE 3 28 Oz. Bottles (Contents) 25c
ANN PAGE BEANS 4 16 Oz. Cans 21c
ANN PAGE KETCHUP 14 Oz. Bottle 10c
SALAD DRESSING 32 Oz. Jar 29c
MACARONI AND SPAGHETTI 3 16 Oz. Pkg. 17c
SPAGHETTI 15 Oz. Jar 10c
PRESERVES 16 Oz. Jar 17c

Fresh Fruits and Vegetables

BANANAS 4 lbs. 19c
NEW CABBAGE 3 Lbs. 10c
SPINACH Fresh, Clear 3 Lbs. 15c
GRAPEFRUIT Medium Size 6 For 25c
ASPARAGUS Native 2 1/2 Lbs. 27c
NEW POTATOES 10 Lbs. 23c

WHEATIES 2 8 Oz. Pkg. 23c
NOODLES Famous Brand 3 8 Oz. Pkg. 17c
HIRES EXTRACT 16 Oz. Can 21c
COCONUT 10 Oz. Can 15c
CIDER VINEGAR 6 Oz. Can 6c
OVALTINE 6 Oz. Can 31c
FLIT Kills Moths 8 Oz. Can 25c
PAIRS Galvanized 10 Gal. 17c
TENDER LEAF TEA BALLS 20 TEA BALLS per package 19c

OUR OWN TEA 8 Oz. 19c
IONA SPAGHETTI 2 28 Oz. Cans 47c
GINGER ALE 3 28 Oz. Bottles (Contents) 25c
ANN PAGE BEANS 4 16 Oz. Cans 21c
ANN PAGE KETCHUP 14 Oz. Bottle 10c
SALAD DRESSING 32 Oz. Jar 29c
MACARONI AND SPAGHETTI 3 16 Oz. Pkg. 17c
SPAGHETTI 15 Oz. Jar 10c
PRESERVES 16 Oz. Jar 17c

8 O'CLOCK 15c
 A mild and mellow blend at a low price

Red Circle Coffee 15c
Bokar Coffee 15c
Baker's Chocolate 18c
Swansdown Cake Flour 27c
Maxwell House Coffee 29c
Minute Tapioca 12c
Calumet Baking Powder 13c
Baker's Coconut 10c

BUTTER 29c
PURE LARD 16c
BACON 33c
MARGARINE 2 Lbs. 25c
FLOUR Family 2 1/2 Lbs. Bag 85c
GOLD MEDAL FLOUR 2 1/2 Lbs. Bag \$1.17
PUFFED WHEAT 8c
PUFFED RICE 4 Oz. Pkg. 19c
PILLSBURY'S Best Flour 2 1/2 Lbs. Bag \$1.13

FANCY FOWL 29c
CHUCK ROAST 35c
VEAL LEGS 25c
SIRLOIN STEAK 53c
HAMBURG 21c

SALADS 15c
LOBSTERS 29c
STEAMING CLAMS 21c
HADDOCK FILLETS 15c

TOP QUALITY MEATS—BUY A & P. MEATS AND HAVE THE BEST! It's Quality—at a price—this week's Specials preserved—because they come in the best.

THE GREAT ATLANTIC & PACIFIC TEA CO.

MENUS
 For Good Health
 A Week's Supply Recommended By Dr. Frank McCoy

DAILY MENUS
 Dr. McCoy's menus suggested for the week beginning Sunday, May 20, 1935.

SUNDAY
 Breakfast—Coddled eggs Crisp bacon; Waffle (browned through); Baked prunes.
 Lunch—One kind of acid fruit as much as desired Glass of milk.
 Dinner—Roast, veal or rabbit; Whole wheat dressing; Asparagus; Stuffed beet salad; Raspberry ice cream.

MONDAY
 Breakfast—Dish of whole wheat mush with butter or cream Steamed raisins.
 Lunch—Combination salad of tomatoes, celery and cucumbers glass of sweet milk.
 Dinner—Saltatory steak Green peas; Cooked celery; Artichoke salad; Baked pane.

TUESDAY
 Breakfast—Puffed eggs on toast-cereal biscuit Apple sauce.
 Lunch—Baked potato; Spinach; Celery.
 Dinner—Roast mutton; Carrots roasted with meat; Salad of lettuce and tomatoes; Jelly or Jell-Whipped cream if desired.

WEDNESDAY
 Breakfast—Cottage cheese; Sliced pineapple (fresh or canned).
 Lunch—Dish of cooked string beans; Turnip salad.
 Dinner—Broiled steak; Spinach; Celery and ripe alfalfa; Cup custard.

THURSDAY
 Breakfast—French omelet; Toasted cereal biscuit; stewed prunes.
 Lunch—"Orange souffle"; Glass of milk.
 Dinner—Roast pork, Baked ground beef and carrots; McCoy salad (lettuce, tomatoes and cucumbers).

FRIDAY
 Breakfast—Baked eggs; Melba toast; Steamed raisins.
 Lunch—Rice on cauliflower; Salad of shredded lettuce.
 Dinner—Broiled white fish; stewed tomatoes; Vegetable salad molded in gelatin, containing of chopped celery, string beans and minced tomatoes. No dessert.

SATURDAY
 Breakfast—Dish of berries with milk or cream (no sugar).
 Lunch—Steamed cheese; Apricots; Cooked cucumbers; Salad of graded raw carrots on lettuce Small dish of Junket.
 Dinner—Broiled white fish; stewed tomatoes; Vegetable salad molded in gelatin, containing of chopped celery, string beans and minced tomatoes. No dessert.

ORANGE SOUFFLE: Soak a full tablespoonful of gelatin in a half cup of cold water. In a saucepan over fire, allow a half pint of orange juice to become hot. Stir gelatin into the juice, remove from fire, and when cool place on ice. When thoroughly congealed, beat for several minutes with a rotary egg beater and add in the stiffly beaten white of an egg. Heap into dessert dish and top with whipped cream.

QUESTIONS AND ANSWERS
 (Meat and High Blood Pressure)
 Question: Mr. F. W. writes: "I wish to thank you for the undoubted help I have received through following the instructions you sent me. I am now encouraged to ask about my mother, who has high blood pressure. She is particularly interested to learn if you advise the use of meat."
 Answer: I find that many patients with high blood pressure who are advised to give up meat and have tried this advice without good results. Since I have seen many cases of high blood pressure among vegetarians, I am forced to the conclusion that meat is not the sole cause of this trouble. It has been my experience that a reasonable amount of protein is needed in the daily diet and that it will not harm the patient with high blood pressure. With the meat, have your mother use both cooled vegetables and salads and have her avoid the starches and sugars. Of course, I am pleased to learn that you have benefited from following the instructions you received. Evidently you followed directions and are one of those patients who realize that if you expect to get results you must follow the rules which work.

(Stuffer's From Gas)
 Question: Mr. G. M. writes: "I seem to suffer so much from gas in the stomach which is relieved if I eat a little food. If I take a considerable quantity of food, I feel some peppermint candy which helps in this heart disease."
 Answer: It is impossible for me to know definitely what is wrong in your case without having had an opportunity of first making a thorough examination. Judging from your symptoms it is probable that the cause of the gas is a stomach disorder or gall bladder trouble, rather than heart disease. I believe the best plan is for you to have an examination made to determine what is the underlying cause, you will then know what treatment to use to remove the cause. In many cases excessive stomach gas results simply from wrong food combinations and the patient is in the habit of using those foods which are gas-producers. If you wish information concerning the common causes of stomach gas and a conscientious general diet I have found to be the best for lessening the distress from gas, write to me in care of this newspaper and enclose a large, self-addressed envelope and 4c in stamps and ask for 3 articles on Gas. I am glad to help you in any way possible.

The airport beacon at Cleveland can be seen a distance of 125 miles by flyer, and it is possible to read a newspaper by its light five miles away.

WEEK-END VALUES
 Selected FOR QUALITY FIRST NATIONAL STORES Priced FOR SAVING

THERE'S A FIRST NATIONAL STORE IN YOUR NEIGHBORHOOD
 Shop from this list of Quality Foods

BUTTER BROOKSIDE Fine Creamery One Lb. Roll 29c
BUTTER LAND O'LAKES U. S. Gov't Certified 93 Score Sweet Cream One Lb. Roll 32c

FLOUR « COFFEE »
 FINAST Family 2 1/2 Lbs. 83c
 OLD HOMESTEAD Pastry 2 1/2 Lbs. 81c
 KYBO DELICIOUS - A CUPFUL OF SATISFACTION lb 23c
 John Alden lb 19c Richmond lb 15c
 Evangeline Milk Unsweetened 3 gal. 20c

AT OUR MEAT DEPARTMENT

CHICKENS FOR BROILING or FRYING 2-2 1/2 LB AVERAGE LB 29c

LAMB LEGS Boned and Rolled if Desired lb 25c
LAMB FORES Fancy Milk-Fed lb 16c
VEAL LEGS Boned 2-3 lbs - No Waste lb 25c
DAISY HAMS lb 39c

FRESH FISH
STEAK COD Delicious Italy lb 10c
FILLET SOLE lb 15c

FRESH FRUITS and VEGETABLES

NEW Potatoes 10 LBS 23c
Bananas FANCY RIPE 4 lb 19c
Rhubarb NATIVE 3 lb 10c
Cucumbers LARGE HOI HOUSE 3 for 17c
Green Beans FRESH 3 lb 19c

MIRABEL PURE JELLIES
 PURE GRAPE 2 10 oz 25c
 PURE CURRANT 2 10 oz 29c

FINEST ITALIAN VIRGIN OLIVE OIL
 We sell only the purest of imported Olive Oil. Save money all the week at these low prices.
 2 qt 25c
 1 qt 12c

LUX SOAP FLAKES
 2 pkgs 19c 1 kg 22c
TOILET SOAP
 Choice Reproduction of Beautiful Palmes Free with each purchase
 4 bars 25c

NEW NUCCA
 PERFECT FOR ALL COOKING PURPOSES
 1 lb PKG 22c

CIGARETTES
 Raleigh 2-25c
 Kool 15c

A CHOICE OF FRUIT JUICES
TOMATO JUICE FINAST 25 oz tin 10c
 Sunsweet Prune Juice 2 1/2 Lbs 23c
 Alice Tomato Juice 2 1/2 Lbs 23c
 Pineapple Juice 2 1/2 Lbs 25c
 Orange Juice 2 1/2 Lbs 25c
 Grapefruit Juice 2 1/2 Lbs 25c
 Lemon Juice 2 1/2 Lbs 27c

FIRST NATIONAL STORES
 LA SAVE PLACE TO BUY TO SAVE

The J.W. HALE CO.

Decoration Day SPECIALS

You will find the "Self-Serve" abounding in all sorts of goodies for Summer meals and picnics. All kinds of high quality canned meats and seafoods, relishes, delicacies. Many tempting suggestions for cool meals will be found if you pay a visit tomorrow... remember—"IT PAYS TO WAIT ON YOURSELF!"

24c Green Stamps Issued!
 All Orders \$1.00 Or Over DELIVERED FREE!

Special Demonstration!
 Cudahy's "Puritan" HAM lb. 25c
 Average weight from 8 to 10 pounds. Buy a ham for the holiday picnic. Good boiled or baked. Tasty served hot or cold. Excellent for sandwiches.

Short Shank Sugar Cured (5 to 6 Pounds)

SHOULDERS (Smoked) lb. 21c
BACON lb. 33c
EGGS dozen 35c
BUTTER 2 lbs. 59c

Demonstration Sale!
BEECHNUT PRODUCTS
Coffee 2 lbs. 63c
 Vacuum packed assures freshness!

Macaroni 2 lb. pkgs. 25c
Baby Food 2 glass jars 27c
Peanut Butter Spaghetti (Prepared) 2 cans 19c

FLOUR Gold Medal, White Flour, 99c 24 1-2 lb. bag \$1.16
SUGAR Jack Front Pure Cane Sugar 10 lbs. (bulk) 51c
COFFEE Hale's Famous "Red Bag" Quality 1c Pound 2 lbs. 35c
LARD Armour's Pure Lard In Pound Cartons lb. 16c
BREAD Hale's Quality Milk Bread—100% Pure! 2 loaves 11c

Fresh Fruits and Vegetables
GRAPEFRUIT Large Size and Juicy! 4 for 17c
CANTALOUPEs Large! 2 for 19c
PINEAPPLES Large and Fresh! 2 for 25c

Spinach pk. 9c
Cucumbers 2 for 9c
Beet Greens peck 14c
Potatoes (new) 10 lbs. 21c
Radishes 3 bun. 5c
Carrots bun. 5c
Lemons dozen 23c
Squash (summer) ea. 5c

Popular Sellers!
 Essex PEAS, 3 cans 19c
 Golden GINGER ALE, large bottle 10c (Contents only.)
 Salsder's Pitted RED CHERRIES, 2 cans 29c
 Sun-Maid Seedless RAISINS, 1 pk. 19c
 Hale's Orange Pekoe TEA, 1 bag 33c
 RINSO (Large) 1 pk. 18c
 Sunbrite CLEANSER, 3 cans 13c
 LUX TOILET SOAP FLAKES, 3 bars 18c
 7c and 6c SOAP, 2 bars 9c
 Worcester's SALT, 1 1/2-lb. pkg. 4c
 Sunbeam GRAPEFRUIT JUICE, 1 can 3c

MARKET SPECIALS
 A Meat Dish Fit For A King!
Veal Roasts 25c
 Highest quality milk-fed veal. Choice of legs, rumps, roasts.

Choice Monty Birds!
STEAK (Cube Steak, 30c.) Sugar Cured lb. 45c
 Tender, Lean **LAMB LEGS** lb. 25c
 First Prize Eastern Cut (4 to 6 pounds) **SHOULDERS (Fresh)** lb. 25c
 Fancy Rolled Roasts: **POT ROASTS** lb. 27c, 29c
 Prime Rib or Boneless **OVEN ROASTS** lb. 35c

STROLIN, Short, Top Round lb. 45c
STEAK (Cube Steak, 30c.) Sugar Cured lb. 45c
BACON lb. 33c
BEEF LIVER lb. 18c
HAMBURG lb. 19c
LAMB STEW lb. 12 1/2c

